

*Business*  
*Career*     *Life*

# LIFESWORK

*Workshops*   *Training*  
*Seminars*   *Counseling*



P. O. Box 1155  
Holly Springs, North Carolina  
27540

Do you find yourself repeating the same mistakes, even when you know better? Are you frequently stressed and tense? Are your relationships unfulfilling? Is your career or business at a plateau? Does life seem like a struggle with an endless series of painful personal growth experiences?

Learn how we can alter our life history and patterns through changing our perceptions and projections, so that we can move to a deeper experience of who we really are through integrating creative thinking with alternative healing techniques.

We are all creative and powerful enough to become more than we presently are or believe we can be. But as great as our potential is, we continually build barriers to block our growth. Our culture stresses what is wrong with us, i.e. problems and pathology. This keeps people stuck in ineffective beliefs and patterns of thought, creating struggle, stress and tension.

Today people are searching, believing there is more to life. Meaning is lacking in today's society. Learning to live from what our passions are in life personalizes our experiences, helping to provide the meaning we have been searching for. This leads to a fulfilling, joyful and successful existence.

As a result of the failure of more "acceptable" approaches, people are increasingly turning to the ***Spiritual*** for solutions. In Empowerment literature we continually read that our minds are our gardens and through our thinking we create and experience either desert or paradise. We are all gardeners, but to be a Master Gardener we must know when to plant, fertilize, water, weed and let nature take it's course. The intent of the **BLOOMIN' MIRACLES** program is to teach everyone to be a Master Gardener

This is a deeply personal experience providing the opportunity to apply principles in finding love, clarity and success, whether it is in relationships,

career, business, family, health, bereavement or death.

Our minds are complex and powerful, when we learn to harness this power and put it to work for us, the future is ours.

## **LIFE**

**Feel more joy in your life**  
**Reduce Stress & Tension**  
**Experience greater awareness**  
**of the higher aspects of your being**  
**Become relaxed, focused**

**Improve your health**  
**Increase your overall Energy**  
**Strengthen and deepen your**  
**mind-body connection**  
**Avoid the need for crisis/fix**

## **WORK**

### **REDUCE**

**Expenses**  
**Turnover**  
**Employee Conflicts**  
**Boredom & Complacency**  
**Stress & Tension**  
**Absenteeism**

### **INCREASE**

**Profits/Income**  
**Employee Morale**  
**Cooperation**  
**Job Satisfaction**  
**Teamwork**  
**Productivity**

**Michael G. Seltzer, CHt, TBf, Rt**, is a success coach, business consultant and trainer. He is also a Hypnotherapist, Transformational Breath Therapist, Reiki II therapist, and meditation teacher. He integrates any or all of these modalities with creative thinking to facilitate healing emotionally, physically, psychologically and spiritually.

**EMPOWERING, ENHANCING**